



THE NEWSLETTER OF

UNIVERSITY of CAMBRIDGE  
International Examinations

Tuesday, 5th August 2014

# RBK INTERNATIONAL ACADEMY

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## EDITORIAL

### FROM THE DESK OF THE MANAGEMENT REPRESENTATIVE



We had our Curriculum Morning on Saturday 26<sup>th</sup> July for PYP and MYP sections. Our Principal Mr. Neil Sukoo and new staff members were introduced to the parents. After a short assembly, the parents collected the curriculum hand outs from the respective home room teachers and interacted with them.

This year our main focus is on “**Curriculum**” and “**Professional development**” of the teachers and staff. First step, in this direction is already taken by us, when a session on “**Transactional Analysis**” was conducted for the staff on Saturday 2<sup>nd</sup> August 2014. This session would help the teachers in understanding their students and colleagues better.



“**MARS SPELL BEE**” results are declared. Some of our students are qualified for the next round. Certificates and trophies will be handed over to them. Details will be shared in the next newsletter.

Our Grade 8 **CHECK POINT** results are out! I’m glad to share with you all that the performance of our students is in the *band of excellent and very good based on “Performance indicator as per CIE for check point.”*

Simran Raikar has scored 6 /6 points in English, Mathematics and Science.

**Congratulations to Simran and her teachers! keep it up!**

Next Wednesday, 6<sup>th</sup> August 2014 we are looking forward for our **STUDENT COUNCIL ELECTIONS**.



**Dr Arundhati Hoskeri**  
Management Representative

## PHILANTHROPIC INITIATIVES



On Wednesday, the 30<sup>th</sup> of July, the students of MYP and DP had their first assembly for this academic year. This event was made all the more special as we had a guest Mr. Jagdish who represented *Habitat for Humanity*, a global non-profit housing organization whose vision is a world where everyone has a secure and comfortable place to call ‘home’.

Firstly, Mr. Jagdish expressed the aims and objectives of Habitat for Humanity’s India Campaign. He recounted a few touching stories of the people for whom their charity had provided better homes, nay, better lives for! He drew parallels between our opulent lives and those of the kids who barely have roofs over their heads. Also, he educated us about the dire situations of people who are less fortunate. Later, he went on to tell us that these kids’ families do not have homes –so difficult livelihood. It was sad to hear that these people do not even have proper sanitation facilities. Every year 2 million of these people die due to inadequate methods of cooking, in which they use kerosene, this practice is equivalent to smoking two packets of cigarettes in a day! He informed us that *Habitat for Humanity* is already coming up with solutions to all of these people’s daily problems – they have built 2457 homes for tribal families in Karjat near Mumbai, 13000 new homes for the families affected by the 2004 Indian Tsunami in Tamil Nadu and Andhra Pradesh, as well as providing these people with hygienic sanitary facilities, clean-stoves and solar lanterns. It was amazing to hear something as simple as a house, could play such an integral role in many aspects of one’s life. In addition, he announced their ‘Rupee for Change’ campaign, in which participants have to donate a mere rupee a day for a year, which would buildup up to a larger denomination and would be used to further aid *Habitat for Humanity* in their goal to provide every Indian citizen with a house and the basic amenities that go alongside it. With everyone in the audience eagerly listening as to how they could play their part in the charitable venture, Mr. Jagdish announced that students of Grades 6-8 could take part in a craft competition and collect donations to further their cause and told them about the list of prizes on offer. Students evinced interest and accepted this proposal without hesitation, as they too had been touched by these people’s simple lives. We all want to participate in similar philanthropic initiatives in the future.



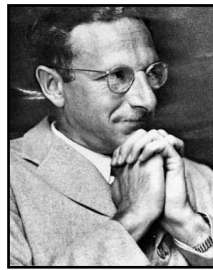
Our Principal Mr. Neil Sukoo thanked the organization and asked us all to join hands together and make this world a better place to live in!

 **Neeraja Chemburkar & Diksha Das**  
Grade 10

## FIRST ASSEMBLY FOR THIS ACADEMIC YEAR.



## IN- HOUSE TRAINING SESSION



*Eric Berne*

**T***ransactional Analysis* is a model of human communication – discovered from *Eric Berne*. He hailed from Canada and practiced as a psychiatrist. But, he was best known as the creator of transactional analysis and the author of *Games People Play* in which the basic element is a transaction: a signal from one person – it does not matter if it is verbal or non-verbal – and a response from another person.

Within the transactions we send - ‘well-liked signals’ as praise, appreciation, comforting, but we also give negative signals like criticism, suffering words and reproach. *Berne* mapped interpersonal relationships to three ego-states of the individuals involved: the *Parent*, *Adult* and *Child* state. He then investigated communications between individuals based on the current state of each. Also, he called these interpersonal interactions *transactions* and used the label *games* to refer to certain patterns of transactions which exploded repeatedly in everyday life.

Based on his theory, Our Management Representative Dr Arundhati Hoskeri initiated a training session for the staff members. The interactive session with the activities brushed away certain cobwebs that were hovering on our minds.

The insight that we took home will remain with us forever.

We look forward for such in-house sessions and activities.



**MEERA RANGARAJAN**  
**FACULTY-MYP**

# CANTEEN



# MENU

PARTICULARS	TUESDAY 05.08.14	WEDNESDAY 06.08.14	THURSDAY 07.08.14	FRIDAY 08.08.14	MONDAY 11.08.14
<b><u>PLAY GROUP / PRE-PRIMARY</u></b>	Carrot Thepla With Chunda	Sada Dosa With Chutney	Yellow Dhokla With Pudina Chutney	Veg Sechuzan Fried Rice	Veg Cutlet With Ketchup
<b><u>SHORT BREAK</u></b>	Puri With Masala Chana / Wheat Flakes With Milk	Mysore Masala Dosa/ Cereal With Milk	Peas And Carrot Upma/ Lapsi Porridge	Missal Pav/ Milk And Oats	Papdi Chat/ Corn Flakes With Milk
<b><u>LUNCH</u></b>	Chapati, Coriander Rice, Kadhi, Dudhi Vegetable, Whole Mung Dal Tadka, Salad, And Papad	Chapati , Masala Rice, Mix Dal, Gatte Ki Sabzi, Baigan Bharta, Salad and Pickle	Chapati, Plain Rice, Dal Tadka, Dudhi Kofta, Cabbage And Peas Vegetable Salad , Buttermilk	Chapati, Pav Bhaji, Veg Biryai, Boondi Raita, Pickle and Salad	Chapati , Peas Rice, Mix Dal, Corn Masala, Vegetable Palak Aloo Cucumber Raita And Buttermilk
<b><u>SPECIAL MEAL</u></b>	Veg Sphegetti In White Sauce	Veg Tikki Burger	Sechuzan Fried Rice With Sweet And Sour Veg	Veg Wrap	Paneer And Capsicum Pizza

**Note: All salads served will be boiled**

- Ms Payal Sinha  
Consultant Dietician