



— THE NEWSLETTER OF —

UNIVERSITY of CAMBRIDGE
International Examinations

Monday, 6th April, 2015

RBK INTERNATIONAL ACADEMY

Opp. Indian Oil Nagar, Ghatkopar-Mankhurd Link Road, Mumbai-400088 Tel: +91 22 65218124/25/26 www.rbkia.org

PYP

There is an air of excitement in the PYP section!! Guess what? International day is around the corner.

The atmosphere is buzzing with anticipation as more than 350 students get ready to celebrate different cultures of the world by showcasing various elements from the country they have chosen to exhibit.

It is a day for our school community to acknowledge and celebrate diversity, making explicit one of the key features of the PYP - **International Mindedness**.

Each home room is assigned a different country; teachers and students research their country and put up displays so that visitors enter different countries as they make their way through the building. Students wear typical dress of their country, and share their culture, music, dance and food.

Students in all PYP divisions participate, and parents are warmly invited to view the students' projects and watch their presentations.

With world music, dance and food, of various countries, this event provides knowledge and understanding in an interactive and entertaining way. The students love this event and learn invaluable lessons.

- **Ms. Paminder Kohli**

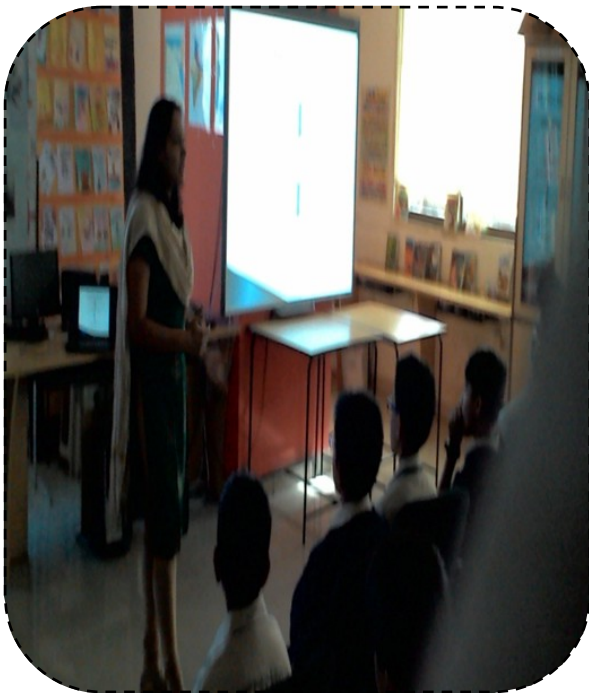
PYP Coordinator

WE ARE GROWING.....UP!!!

On April 1, 2015 we boys from Grades 6-8, had assembled in the PYP library for a lecture on 'Seeds of awareness' by *Dr. Gauri Gore* a practicing gynecologist and also whose ward is studying in our school. She talked on the changes happening in our bodies and the effects of these on our behavior. At this age, we teenagers going through puberty, experience



different changes but do not know why and how they happen. **Dr. Gore** presented us with hardcore facts about these changes occurring in us. We even learnt how they affect our general attitude and they can take us to an abnormal extent. Our Management Representative **Dr. Arundhati Hoskeri** thanked **Dr. Gore** for the presentation. This lecture gave us an insight on certain facts that inhibit us to discuss with others. Thank you Dr. Gore for the time you dedicated for us, teenagers!



- **Pranav Lakhan, Ishan Jindal, Zenil Bhanushali**

Grade 8

CANTEEN



MENU

PARTICULARS	TUESDAY 07.04.15	WEDNESDAY 08.04.15	THURSDAY 09.03.15	FRIDAY 10.04.15	MONDAY 13.04.15
PRE-PRIMARY	SPROUT BHEL	VEG UTTAPA WITH CHUTNY	TRICOLOR DHOKLA WITH SWEET CHUTNY	VEG SPRING ROLLS WITH KETCHUP	BESAN CHILLA WITH MINT CHUTNY
SHORT BREAK	WHEAT FLAKES WITH MILK / VEG POHA	LAPSI PORRIDGE / RAWA IDLY	OATS WITH MILK / VEG VERMICILI UPMA WITH COCONUT CHUTNY	VEG CUTLET WITH KETCHUP	CORN FLAKES WITH MILK / KHANDVI
LUNCH	CHAPATI MINT RICE TREVTI DAL TINDA MASALA MOTH MASALA SALAD BUTTERMILK	METHI PARATHA ONION RICE RICE DAL FRY MATAR ALOO BAIGAN TAMATAR BHARTA VEG RAITA AAM PANNA	ROTI PLAIN RICE ARHAR DAL WITH DRUMSTICK PATRA VEGETABLE VEG RAITA JAL JEERA	CHAPATI / POORI PINDI CHOLE KACHUMBER SALAD SHREEKHAND	ROTI ZEERA RICE MIX DAL MASALA CABBAGE AND CAPSICUM PORIYAL PALAK CORN BEETROOT SALAD BUTTERMILK
SPECIAL MEAL	SPROUT WRAP	HAKKA NOODLES WITH VEG MANCHURIAN	CHEESE MASALA GRILL SANDWICH	VEG BIRYANI BOONDI RAITA	VEG MACRONI

Note: All salads served will be boiled

- Ms Payal Sinha
Consultant Dietician