



**RBK**  
INTERNATIONAL  
ACADEMY  
REACH BEYOND  
KNOWING

**RBKIA**  
**Insight**



UNIVERSITY of CAMBRIDGE  
International Examinations  
CAMBRIDGE INTERNATIONAL CENTRE

2016-17

13/12/2016

**RBKIA PYP celebrates ...**

**Art exhibition**

17th December & 19th December

**Where: School Auditorium**

**When : 8:30 a.m. - 2:30 p.m.**

**Portfolio Presentation**

17th December

**Where: Homerooms**

**When : 9:30 a.m. - 10:00 a.m.**

**Parent Variety Show**

17th December

**Where: Homerooms**

**When : 10:00 a.m. - 11:00 a.m.**



Supported by the KANAKIA Group

# Canteen Menu

PARTICULARS	TUESDAY 13.12.16	WEDNESDAY 14.12.16	THURSDAY 15.12.16	FRIDAY 16.12.16	MONDAY 19.12.16
PRE-PRIMARY	METHI THEPLA WITH CHUNDA	VEG RAWA AND OATS IDLY WITH CHUTNY	MIX POP CEREAL CHUTNY BHEL	PALAK MEDU VADA SAMBHAR	CUPCAKES AND VEG CUTLETS WITH MINT CHUTNY
SHORT BREAK	MUSELI WITH MILK/ PEAS CARROT UPMA	OATS WITH MILK / KHANDVI	CEREALS WITH MILK / VEG ADAI WITH CHUTNY	WHEAT FLAKES WITH MILK / VEG BREAD ROLLS	CORN FLAKES WITH MILK / DAHI TIKKI CHAT
LUNCH	CHAPATI STEAMED RICE SINDHI KADHI LOBIYA BHAJI DUM ALOO SALAD BUTTERMILK	JOWAR BHAKRI CORRIANDER RICE LEHSUNI MASUR DAL STEWED DUDHI VEG PALAK CORN VEG RAITA PAPAD	METHI PARATHA STEAMED RICE DAL TADKA GATTE KI SABZI MIX VEG RAITA PAPAD GRATED CAR-ROT SALAD	MISSI ROTI VEG BIRYANI MATAR PANEER BOONDI RAITA JALEBI	PAV BHAJI SPROUT SALAD BUTTERMILK FRUITY CUSTARD
SPECIAL MEAL	GRILLED CHEESE MASALA SANDWICH	VEG CREAMY PASTA	VEG AND SPROUT WRAP	DESI NACHOS	PANEER SPRING ROLL

**Note: All salads served will be boiled**

*- Ms Payal Sinha*

Consultant Dietician

