



## Reflection by the DP1 students on DP ORIENTATION

The first two days of the IB orientation were entirely educational, we were continuously reminded of the “rigorous” schedule. IB is hundred percent time consuming and it manages to manufacture an enticing bond between students and teachers. The idea of time-management is thoroughly practiced, along with the intake of all the learner profiles. The orientation was an exemplar for how the year is going to flow throughout the IB season.

- **Niharika Vora**

I was very excited to get to know more about my subjects. I attended the IBDP orientation for two days. It was very educational and informative. I now have a clear view about subjects and it was easier for me choose subjects according to my likes and dislikes. Each teacher briefly explained what all they are going to teach and do this year. And this really helped me to choose subjects and gave me a clear vision of what I want to do in my future days. I enjoyed the two days of IBDP orientation a lot.

- **Dhanashree Sapre**

The orientation really helped me know IBDP and the school better. Got to know:

How the school works.

About the subjects and the teachers.

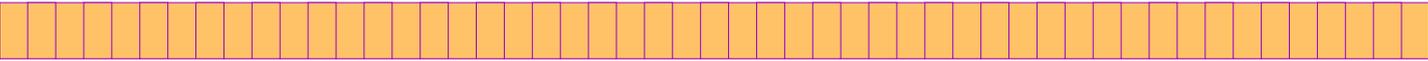
The geography of the school.

The orientation helped me choose my subjects and their levels.

Having the ice-breaking session was a really great idea – getting to know about DP 2 students and interacting with them.

CAS orientation session was the most exciting, in fact, the concept of CAS really fascinates me.

- **Veer Joisher**



The orientation helped me to understand the subject better. It cleared all my doubts about the subject. It clarified my doubts about various subjects and have a better idea for subject selection. Eg. I was planning to take physics instead of ESS. But when I saw the topics I changed my mind.

**- Ayush Mehta**

The orientation was on 16<sup>th</sup> and 17<sup>th</sup> July. I thought that it would be boring at first but when it began it became interesting. During the question answer session as I came to know a lot about the school policies and what was expected of us during the DP. This session truly enlightened me . the subject orientations enlightened me about the respective subjects and how the grading system was overall the orientation really gave me a good perspective about the future.

**- Surya Ramesh**

The orientation was very organized and gave a clear idea about all the subjects in the diploma program. Teachers gave very good explanation about the core of Diploma and other subjects of Diploma.

**- Kanishk Arora**

The first two days of the orientation were very informative and unique. It enabled the students to absorb a lot of information about the curriculum. We were introduced to our fellow classmates. On the other we were constantly reminded of the rigorous schedule. We were introduced to all the subjects and the teachers gave us a brief explanation about the differences between standard level and higher level. We were reminded about the importance of time-management in this rigorous curriculum.

**- Devarsh Siraj**

# CANTEEN



# MENU

PARTICULARS	TUESDAY 28.07.15	WEDNESDAY 29.07.15	THURSDAY 30.07.15	FRIDAY 31.07.15	MONDAY 03.08.15
PRE-PRIMARY	PUMPKIN THEPLA WITH CHUNDA	CORN AND SPROUT CHUTNY BHEL	PEAS AND CARROT UPMA	VEG BONDA WITH COCONUT CHUTNY	YELLOW DHOKLA WITH MINT CHUTNY
SHORT BREAK	WHEAT FLAKES WITH MILK / VEG POHA	LAPSI PORRIDGE / ALOO PARATHA WITH CURD	OATS WITH MILK / MASALA DOSA	CEREALS WITH MILK / BROWN BREAD PIZZA	CORN FLAKES WITH MILK / VEG CUTLET WITH KETCHUP
LUNCH	CHAPATI CORRIANDER RICE RAJASTHANI KADHI TENDI VEG MOTH BHAJI RADISH AND ONION KACHUMBER WITH LIME JUICE JAL JEERA	AJWAIN PARATHA STEAMED RICE ARHAR DAL WITH DRUMSTICKS ALOO AND DILL DRY VEG BHINDI DO PYAZA VEG RAITA BUTTERMILK	CHAPATI RICE DHULI MUNG KI DAL BRINJAL CURRY CABBAGE PORIYAL DUDHI RAITA BEETROOT SALAD	PAV/ CHAPATI BHAJI KACHUMBER SALAD MASALA CHAAS MOHAN THAL	ROTI ZEERA RICE TREVTI DAL MATAR PANEER GREEN CHAWLI VEG BOONDI RAITA GREEN SALAD JAL ZEERA
SPECIAL MEAL	VEG SPRING ROLLS	VEG SPHEGETTI IN WHITE SAUCE	VEG PIZZA	VEG SECHUZAN FRIED RICE WITH PANEER CHILLI	CLUB SANDWICH

**Note: All salads served will be boiled**

- Ms Payal Sinha  
Consultant Dietician